

DENTAL HISTORY

Name _____ Nickname _____ Age _____
 Referred by _____ How would you rate the condition of your mouth? Excellent Good Fair Poor
 Previous Dentist _____ How long have you been a patient? _____ Months/Years
 Date of most recent dental exam ____/____/____ Date of most recent x-rays ____/____/____
 Date of most recent treatment (other than a cleaning) ____/____/____
 I routinely see my dentist every: 3 mo. 4 mo. 6 mo. 12 mo. Not routinely

WHAT IS YOUR IMMEDIATE CONCERN? _____

PLEASE ANSWER YES OR NO TO THE FOLLOWING:

YES NO

PERSONAL HISTORY



1. Are you fearful of dental treatment? How fearful, on a scale of 1 (least) to 10 (most) [] _____
2. Have you had an unfavorable dental experience? _____
3. Have you ever had complications from past dental treatment? _____
4. Have you ever had trouble getting numb or had any reactions to local anesthetic? _____
5. Did you ever have braces, orthodontic treatment or had your bite adjusted, and at what age? _____
6. Have you had any teeth removed or missing teeth that never developed or lost teeth due to injury or facial trauma? _____

GUM AND BONE



7. Do your gums bleed or are they painful when brushing or flossing? _____
8. Have you ever been treated for gum disease or been told you have lost bone around your teeth? _____
9. Have you ever noticed an unpleasant taste or odor in your mouth? _____
10. Is there anyone with a history of periodontal disease in your family? _____
11. Have you ever experienced gum recession? _____
12. Have you ever had any teeth become loose on their own (without an injury), or do you have difficulty eating an apple? _____
13. Have you experienced a burning or painful sensation in your mouth not related to your teeth? _____

TOOTH STRUCTURE



14. Have you had any cavities within the past 3 years? _____
15. Does the amount of saliva in your mouth seem too little or do you have difficulty swallowing any food? _____
16. Do you feel or notice any holes (i.e. pitting, craters) on the biting surface of your teeth? _____
17. Are any teeth sensitive to hot, cold, biting, sweets, or do you avoid brushing any part of your mouth? _____
18. Do you have grooves or notches on your teeth near the gum line? _____
19. Have you ever broken teeth, chipped teeth, or had a toothache or cracked filling? _____
20. Do you frequently get food caught between any teeth? _____

BITE AND JAW JOINT



21. Do you have problems with your jaw joint? (pain, sounds, limited opening, locking, popping) _____
22. Do you feel like your lower jaw is being pushed back when you bite your back teeth together? _____
23. Do you avoid or have difficulty chewing gum, carrots, nuts, bagels, baguettes, protein bars, or other hard, dry foods? _____
24. In the past 5 years, have your teeth changed (become shorter, thinner or worn) or has your bite changed? _____
25. Are your teeth becoming more crooked, crowded, or overlapped? _____
26. Are your teeth developing spaces or becoming more loose? _____
27. Do you have trouble finding your bite, or need to squeeze, tap your teeth together, or shift your jaw to make your teeth fit together? _____
28. Do you place your tongue between your teeth or close your teeth against your tongue? _____
29. Do you chew ice, bite your nails, use your teeth to hold objects, or have any other oral habits? _____
30. Do you clench or grind your teeth together in the daytime or make them sore? _____
31. Do you have any problems with sleep (i.e. restlessness or teeth grinding), wake up with a headache or an awareness of your teeth? _____
32. Do you wear or have you ever worn a bite appliance? _____

SMILE CHARACTERISTICS



33. Is there anything about the appearance of your teeth that you would like to change (shape, color, size)? _____
34. Have you ever whitened (bleached) your teeth? _____
35. Have you felt uncomfortable or self conscious about the appearance of your teeth? _____
36. Have you been disappointed with the appearance of previous dental work? _____

Patient's Signature _____ Date _____
 Doctor's Signature _____ Date _____

NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Effective date of this Notice: 02/06/2026

We respect our legal obligation to keep health information that identifies you private. We are obligated by law to give you notice of our privacy practices. This Notice describes how we protect your health information and what rights you have regarding it.

TREATMENT, PAYMENT, AND HEALTH CARE OPERATIONS

The most common reason why we use or disclose your health information is for treatment, payment, or health care operations. Examples of how we use or disclose information for treatment purposes are: setting up an appointment for you; examining your teeth; prescribing medications and faxing them to be filled; referring you to another doctor or clinic for other health care or services; or getting copies of your health information from another professional that you may have seen before us. Examples of how we use or disclose your health information for payment purposes are: asking you about your health or dental care plans, or other sources of payment; preparing and sending bills or claims; and collecting unpaid amounts (either ourselves or through a collection agency or attorney). "Health care operations" mean those administrative and managerial functions that we have to do in order to run our office. Examples of how we use or disclose your health information for health care operations are: financial or billing audits; internal quality assurance; personnel decisions; participation in managed care plans; defense of legal matters; business planning; and outside storage of our records.

We routinely use your health information inside our office for these purposes without any special permission. If we need to disclose your health information outside of our office for these reasons, we usually will not ask you for special written permission.

Special Protections for Substance Use Disorder (SUD) Records

For patients receiving treatment for substance use disorders, federal law (42 CFR Part 2) provides additional privacy protections beyond standard health information.

- **Heightened Confidentiality:** We will not disclose records identifying you as having a substance use disorder in civil, criminal, administrative, or legislative proceedings without your specific written consent or a specialized court order.
- **Single Consent for TPO:** You may choose to provide a single, written "Global Consent" that allows us to use and disclose your SUD records for all future treatment, payment, and health care operations.

- **Right to Revoke:** You have the right to revoke this consent at any time in writing, except to the extent that we have already taken action based on your prior permission.
- **Accounting of Disclosures:** You have the right to request a list of certain disclosures of your SUD records made for treatment, payment, and health care operations for the three years prior to your request.
- **Prohibition on Redisclosure:** Anyone receiving your SUD records is generally prohibited from sharing that information further unless you provide express written consent or the law specifically permits it.

USES AND DISCLOSURES FOR OTHER REASONS WITHOUT PERMISSION

In some limited situations, the law allows or requires us to use or disclose your health information without your permission. Not all of these situations will apply to us; some may never come up at our office at all. Such uses or disclosures are:

- when a state or federal law mandates that certain health information be reported for a specific purpose;
- for public health purposes, such as contagious disease reporting, investigation or surveillance; and notices to and from the federal Food and Drug Administration regarding drugs or medical devices;
- disclosures to governmental authorities about victims of suspected abuse, neglect or domestic violence;
- uses and disclosures for health oversight activities, such as for the licensing of doctors; for audits by Medicare or Medicaid; or for investigation of possible violations of health care laws;
- disclosures for judicial and administrative proceedings, such as in response to subpoenas or orders of courts or administrative agencies;
- disclosures for law enforcement purposes, such as to provide information about someone who is or is suspected to be a victim of a crime; to provide information about a crime at our office; or to report a crime that happened somewhere else;
- disclosure to a medical examiner to identify a dead person or to determine the cause of death; or to funeral directors to aid in burial; or to organizations that handle organ or tissue donations;
- uses or disclosures for health-related research;
- uses and disclosures to prevent a serious threat to health or safety;
- uses or disclosures for specialized government functions, such as for the protection of the President or high-ranking government officials; for lawful national intelligence activities; for military purposes; or for the evaluation and health of members of the foreign service;
- disclosures of de-identified information;
- disclosures relating to workers' compensation programs;
- disclosures of a "limited data set" for research, public health, or health care operations;
- incidental disclosures that are an unavoidable by-product of permitted uses or disclosures;
- disclosures to "business associates" who perform health care operations for us and who commit to respect the privacy of your health information;

Unless you object, we will also share relevant information about your care with your family or friends who are helping you with your dental care.

NOTIFICATION OF DATA BREACHES

We are required by law to maintain the privacy and security of your protected health information. In the event of a breach—which is the unauthorized acquisition, access, use, or disclosure of your unsecured health information—we will notify you promptly. This notice will be provided in writing via first-class mail (or via email if you have previously agreed to electronic communications) and will include a description of what happened, the types of information involved, and the steps we are taking to investigate the breach, mitigate losses, and protect against further occurrences.

APPOINTMENT REMINDERS

We may call or write to remind you of scheduled appointments, or that it is time to make a routine appointment. We may also call or write to notify you of other treatments or services available at our office that might help you. Unless you tell us otherwise, we will mail you an appointment reminder on a postcard, and/or leave you a reminder message on your home answering machine or with someone who answers your phone if you are not home.

TELEHEALTH / VIRTUAL VISITS AND ELECTRONIC COMMUNICATIONS

From time to time, we may offer telehealth (virtual) visits or communicate with you electronically (for example, through a patient portal, secure video, email, or text) to provide care, answer questions, coordinate treatment, send reminders, or discuss billing matters. When we provide telehealth services, we may use technology vendors to help us deliver these services. These vendors may receive limited protected health information as needed to provide the service and are required to protect your information and may be required to sign a business associate agreement with us, as applicable. You may request that we communicate with you in a confidential way (for example, using a specific phone number, mailing address, email address, or through the patient portal). See the "Confidential Communications" right described in the Notice. Please tell us if you want to opt out of electronic communications or prefer a different method. Electronic communications can carry some risk of interception or misdelivery. We use reasonable safeguards to protect your information, and we encourage you to use secure methods (such as the patient portal) when available. If you choose to communicate with us by unencrypted email or text, you are acknowledging and accepting those risks. If you have questions about telehealth or electronic communications, contact the office contact person listed at the beginning of the Notice.

OTHER USES AND DISCLOSURES

We will not make any other uses or disclosures of your health information unless you sign a written "authorization form." The content of an "authorization form" is determined by federal law. Sometimes, we may initiate the authorization process if the use or disclosure is our idea. Sometimes, you may initiate the process if it's your idea for us to send your information to someone else. Typically, in this situation you will give us a properly completed authorization form, or you can use one of ours. If we initiate the process and

ask you to sign an authorization form, you do not have to sign it. If you do not sign the authorization, we cannot make the use or disclosure. If you do sign one, you may revoke it at any time unless we have already acted in reliance upon it. Revocations must be in writing. Send them to the office contact person named at the beginning of this Notice.

Uses and Disclosures Requiring Your Authorization

Most uses and disclosures of your health information for marketing purposes, and disclosures that constitute a sale of your health information, require your written authorization. Other uses and disclosures not described in this Notice will be made only with your written authorization. You may revoke such an authorization at any time in writing.

YOUR RIGHTS REGARDING YOUR HEALTH INFORMATION

The law gives you many rights regarding your health information. You can:

- ask us to restrict our uses and disclosures for purposes of treatment (except emergency treatment), payment or health care operations. We do not have to agree to do this, but if we agree, we must honor the restrictions that you want. To ask for a restriction, send a written request to the office contact person at the address, fax or email shown at the beginning of this Notice.
- ask us to communicate with you in a confidential way, such as by phoning you at work rather than at home, by mailing health information to a different address, or by using email to your personal email address. We will accommodate these requests if they are reasonable, and if you pay us for any extra cost. If you want to ask for confidential communications, send a written request to the office contact person at the address, fax or email shown at the beginning of this Notice.
- ask to see or to get photocopies of your health information. By law, there are a few limited situations in which we can refuse to permit access or copying. For the most part, however, you will be able to review or have a copy of your health information within 30 days of asking us (or 60 days if the information is stored off-site). You may have to pay for photocopies in advance. If we deny your request, we will send you a written explanation, and instructions about how to get an impartial review of our denial if one is legally available. By law, we can have one 30-day extension of the time for us to give you access or photocopies if we send you a written notice of the extension. If you want to review or get photocopies of your health information, send a written request to the office contact person at the address, fax or email shown at the beginning of this Notice.
- ask us to amend your health information if you think that it is incorrect or incomplete. If we agree, we will amend the information within 60 days from when you ask us. We will send the corrected information to persons who we know got the wrong information, and others that you specify. If we do not agree, you can write a statement of your position, and we will include it with your health information along with any rebuttal statement that we may write. Once your statement of position and/or our rebuttal is included in your health information, we will send it along whenever we make a permitted disclosure of your health information. By law, we can have one 30-day extension of time to consider a request for amendment if we notify you in writing of the extension. If you want to ask us to amend your health information, send a written request, including your reasons for the

amendment, to the office contact person at the address, fax or email shown at the beginning of this Notice.

- get a list of the disclosures that we have made of your health information within the past six years (or a shorter period if you want). By law, the list will not include: disclosures for purposes of treatment, payment, or health care operations; disclosures with your authorization; incidental disclosures; disclosures required by law; and some other limited disclosures. You are entitled to one such list per year without charge. If you want more frequent lists, you will have to pay for them in advance. We will usually respond to your request within 60 days of receiving it, but by law we can have one 30-day extension of time if we notify you of the extension in writing. If you want a list, send a written request to the office contact person at the address, fax or email shown at the beginning of this Notice.
- get additional paper copies of this Notice of Privacy Practices upon request. It does not matter whether you got one electronically or in paper form already. If you want additional paper copies, send a written request to the office contact person at the address, fax or email shown at the beginning of this Notice.
- Restrict Disclosures for Out-of-Pocket Payments: If you pay for a dental service or health care item out-of-pocket in full, you have the right to ask us not to share that information with your dental insurance or health plan for the purposes of payment or our operations. We are legally required to agree to this request unless a law requires us to share that information.

OUR NOTICE OF PRIVACY PRACTICES

By law, we must abide by the terms of this Notice of Privacy Practices until we choose to change it. We reserve the right to change this notice at any time as allowed by law. If we change this Notice, the new privacy practices will apply to your health information that we already have as well as to such information that we may generate in the future. If we change our Notice of Privacy Practices, we will post the new notice in our office, have copies available in our office, and post it on our website.

COMPLAINTS

If you think that we have not properly respected the privacy of your health information, you are free to complain to us or the U.S. Department of Health and Human Services, Office for Civil Rights. We will not retaliate against you if you make a complaint. If you want to complain to us, send a written complaint to the office contact person at the address, fax or email shown at the beginning of this Notice. If you prefer, you can discuss your complaint in person or by phone.

FOR MORE INFORMATION

If you want more information about our privacy practices, call or visit the office contact person at the address or phone number shown at the beginning of this Notice.

I. Confidential Information Questionnaire

Patient's Legal Name: First Last Middle

Nickname

Date of Birth:

Sex: Male Female

Cell Phone:  (201) 555-0123

Email Address

Home Phone Number  (201) 555-0123

Work Phone Number  (201) 555-0123

Patient's Address

United States Address line 1 Address line 2 City

State/Province Zip/Postal Code

Marital Status

Single Married / Common-law partner Widowed Divorced / Separated Under 18

Prefer not to answer

Who can we thank for referring you to our office?

Employer (Patient's / Guardian's) Full Name

Occupation

II. Emergency Contact Information

Person we may contact in case of an emergency (other than your family home)

Name

Relationship

Cell Phone Number  (201) 555-0123

Home Phone Number  (201) 555-0123

Work Phone Number  (201) 555-0123

III. Request For Confidential Communication

As my dental care provider, you may do the following with my permission:

- Check all
- Leave message on my voicemail / answering machine
- Contact me via email
- Contact me on the phone numbers provided

- I agree that the dental practice may communicate with me electronically at the email address and cell phone number i provided. I am aware that there is some level of risk that third parties might be able to read unencrypted emails or text messages. I am responsible for providing the dental practice any updates to my email address and cell phone number.
I can withdraw my consent to electronic communications by contacting the dental office

IV. Confirmation


Do you prefer a reminder before you appointment No, it is unnecessary Yes, it is a helpful reminder

V. Dental Insurance And Financial Information

Dental Insurance Coverage Yes No

Dental insurance Company Name

Dental insurance Address

Dental insurance Phone Number  (201) 555-0123

Subscriber's Name Full Name

Subscriber's ID Subscriber ID

Patient's Relationship to Subscriber Self Spouse Dependent

Subscriber's Birthday _____

Subscriber's Address

Country ▼ Address line 1 Address line 2 City
State/Province Zip/Postal Code

Group / Program Number


Employer (if different from above)

Employer's Address

Secondary Coverage Yes No

Dental insurance Company Name _____

Dental insurance Address _____

Dental insurance Phone Number  (201) 555-0123 _____

Subscriber's Name Full Name _____

Subscriber's ID Subscriber ID _____

Patient's Relationship to Subscriber Self Spouse Dependent

Subscriber's Birthday _____ Day Year

Subscriber's Address

Country _____ Address line 1 _____ Address line 2 _____ City _____
State/Province _____ Zip/Postal Code _____

Group / Program Number _____

Employer (if different from above) _____

Employer's Address

VI. Release Information

You may discuss my healthcare with

Spouse / Common-law partner

Children

Parents

Others: 1. _____

VII. Assignment & Release

I understand that I am financially responsible for all charges whether or not paid by insurance. I hereby authorize the doctor to release all information necessary to secure the payment of benefits. I authorize the use of this signature on all my

insurance submissions whether manual or electronic. I hereby authorize any available insurance benefits to be paid directly to my dentist if he/she accepts such an arrangement.

I confirm that I have read and understood the terms & conditions.

I hereby authorize the making of videotapes, photographs, and x-rays of my dental care treatment (collectively "My Images"), and my dentist's use of My Images in scientific papers, demonstrations and/or presentations without compensation to me.

I confirm that I have read and understood the terms & conditions.

Patient Signature

Date

Cedar Dental - Family, Cosmetic and Implant Dentistry
+1 (908) 757-2613 cedardental176@gmail.com



Office Policies

Please Initial Our Financial, Cancellation, & Acknowledgement of Considerate Care Policies

Initials

FINANCIAL AGREEMENT:

I am responsible to pay up front for all of my treatment visits unless prior arrangements have been made. I understand that my dental team is providing me with **ESTIMATES** as close as possible to what insurance is expected to cover, however **I am responsible for payment regardless of any insurance company's arbitrary determination of benefits.** I understand no one from my dental office can guarantee payment from my independent third party insurance company.

As a courtesy, my dental office will submit claims to my insurance company on my behalf. I understand that if my insurance company has not made payment within 60 days, I will be asked to contact them myself to make sure payment is expected. I understand if payment is not received or denied I will be responsible for paying the full amount at that time. I understand balances not paid in full within 90 days of the treatment date will receive a **service charge** and be sent to a collections agency.

*All returned checks will be subject \$35 fee

Payment Options:

We accept cash, checks, and most major credit cards. We also work with Care Credit so you can get the care you need, when you need it.

Insurance:

We work with and accept all PPO plans.

We are in-network providers for Delta Dental.

We are **out-of-network** providers for major PPO insurance plans.

If you need assistance, or have questions about your insurance policies or claims, our staff is knowledgeable and always available to help you. Our team can provide you with a complimentary benefits analysis to better understand your coverage in our office. To ensure we are able to provide adequate time with each patient, and the highest quality care, we do not participate with HMO/DMO or Medicaid plans.

SIGNATURE ON FILE

- I authorize the doctor named above to use my name on any and all claims or documents that relate to health insurance benefits due to me and my dependents.** I authorize release of any information related to any claims to all my Insurance Companies or other relevant parties.
- I authorize my doctor to act as my agent in helping me obtain payment from my Insurance Companies. authorize payment of health benefits otherwise payable to me, directly to my doctor.

Initials

CANCELLATION POLICY:

I understand that my reservation deposit will be credited back to me if I am unable to complete my treatment visit and sufficient notice is provided. I understand that missing my appointment negatively impacts our practice and other patients who are eager to complete their care. **I understand that if I do not show up for my visit, if I am more than 15 minutes late, or if I cancel without at least 24 hours (business hours) notice, a \$50 missed appointment fee will be assessed to my account and deducted from my reservation deposit. For Saturday appointments we require 72 office business hours notice.** I understand repeated failures will result in my dismissal from the practice. While our team understands extenuating circumstances and emergencies do occur, we ask that you call our office as soon as possible so we can clarify any misunderstandings.

Initials

ACKNOWLEDGEMENT OF CONSIDERATE CARE:

I understand my dental team is committed to providing me the highest quality care in the most comfortable environment. I acknowledge that I am entitled to considerate, courteous, and respectful treatment. I understand my dental team will ensure my appointments are scheduled within a timely manner and reasonable accommodations for emergency care will ALWAYS be provided. I understand for the safety and protection of all, security cameras are in use throughout the office iwhich record both visual and audio input. I understand my team complies with all **ADA, CDC, & OSHA regulations** to provide a clean and safe environment for all dental visits. I understand I may seek a second opinion at any time and request a copy of my digital X-rays WITHOUT incurring any additional fees. I understand that I am entitled to **privacy** and **confidentiality** in discussions, examinations, and treatment.

Patient/Guardian Signature:

Office Signature:

Date: _____

Date: _____